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PAGE 7 →

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See ad on page 19

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Lost River Community Center

2811, Route 327, Harrington, Québec, J8G 2T1

CANADA DAY

CELEBRATIONS

LOST RIVER COMMUNITY CENTER

2811, ROUTE 327 IN HARRINGTON

Monday, July 1st, 2024, from 11 AM TO 2 PM

12:00 (Noon): Flag raising ceremony & Singing of "O Canada

featuring the Wiffletree Band

Mayor's address by Mrs. Gabrielle Parr

11 am to 2 pm: Face painting- Ballon Man

Hot Dogs - Soft Drinks- Tea and coffee

1 p.m.: Pinatta

1:30 pm: Canada Day Cake

HAPPY CANADA DAY





4korners

Playful, yet educational

Hugo Bissonnet

The last couple of years have presented significant challenges for the development of children in Québec. The combination of COVID-19, teachers' strikes, mental health issues, and pressure on low-income households has made English-speaking children particularly vulnerable. This is not just a statistic but a pressing reality. Research from the Quebec Survey of Child Development in Kindergarten, 2017, Institut de la Statistique Québec, reveals that 1 out of 3 kindergarteners whose mother tongue is English are more likely to be considered vulnerable, compared to 1 out of 4 French-speaking peers. These findings underscore the immediate need for action.

What are the developmental expectations for kindergarten-aged children? Their ability in five areas measures a child's development:

1.

Communication skills and general knowledge

2.

Cognitive and language development

3.

Emotional maturity

4.

Social competences

5.

Physical health and well-being

The research results have inspired 4Korners' team to provide unique, tailored services in early childhood over the past few years. As part of this commitment, the organization is introducing a new, exciting summertime calendar of engaging activities across various MRCs. These activities, specifically designed for children from early childhood to teenagers and neurodiverse kids, will be held from July to August in Saint-Thérèse, Lachute, Deux-Montagnes, and Ste-Adèle. These one-of-a-kind offerings directly address the specific needs of English-speaking children in the region.

Also, 4Korners' team welcomes the community to a summer Kick-Off Event on June 28 from 4 pm to 8 pm at 1650 Chemin d'Oka, Deux-Montagnes.

For more details, please refer to the ad or visit our website, www.4korners.org.

HAPPY SUMMER!



“Three Tall Women”

Resounding Success for

Theatre Morin Heights

Each of the six performances of TMH’s “Three Tall Women” by Edward Albee, which ran May 8-12, ended with standing ovations from capacity crowds. This challenging Pulitzer-Prize-Winning play with definite existential themes was skillfully directed by Noel Burton and brought to life by three very talented actors who played the same woman at three different stages of her life.

According to Noel Burton: “I first discovered Edward Albee when I attended a production of “Who’s Afraid of Virginia Woolf” at the Vancouver Arts Club Theatre in 1966...It is a privilege therefore, to introduce Albee to Alessandra Piazza-Guindon and Sarah Vanhove (who played a supporting role). Teaming up with veteran TMH actor Corina Lupu and newcomer - but no stranger to theatre - from Vermont, Noni Stuart, they have allowed me to give back what my teachers gave me when they instilled theatre – and Albee – into my veins and bones all those years ago.”

The audiences for the TMH production of “Three Tall Women” were captivated by Noni Stewart’s performance as the acerbic 92-year-old protagonist (A), reflecting on her life. Alessandra Piazza-Guindon was amazing to watch as she played A’s 26-year-old self. Corina – A’s 52-year-old self – brought the three of them together creating chemistry that was riveting to witness as it unfolded on stage.

TMH thanks the entire cast and crew of volunteers – as well as its loyal audience –for helping to make this production a resounding success!

Auditions will take place later in June for the TMH fall production set for October 23 to 28. For more information visit www.theatremorinheights.ca.



(from L-R) Sarah Vanhove, Alessandra Piazza-Guindon, Noni Stewart, Corina Lupu

4 main.street@xplornet.ca

June 2024

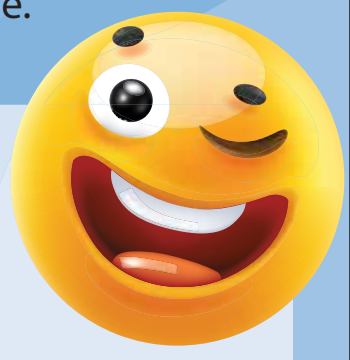
MAIN STREET 



But wait... I don't have anything planned

DON'T WORRY - WE HAVE YOU COVERED!

Here are a few fun things happening this summer you can check out, as well as some resources that might be helpful if you're having a hard time.



4KORNERS EVENTS AND PROGRAMS

Summer Kick-Off: Come celebrate the beginning of summer with us on **June 28th**, free BBQ with games, music, and more!

1650 Chem. d'Oka, Deux-Montagnes

4Korners Summer Space: Free, fun, and creative weekly activities in Deux-Montagnes and Sainte-Thérèse starting July 2nd and running until August 7th. Ages 15 - 22.

Here4You: 2SLGBTQIA+ hang out space for teens. Location and dates TBD.

Kids Club: Free activities once a week for kids aged 6-12. **Deux-Montagnes & Sainte-Thérèse.**

Morning in the park: Free outdoor activities in July and August in **Sainte-Adèle, Lachute and Sainte-Thérèse.**

AAL Summer of Empowerment: Weekly programming for autistic and neurodivergent youth. **July 6th - August 24th.** Throughout the Laurentians.

Check out our Activity Calendar on our website to stay up to date on all of the options near you!

RESOURCES

Kid's Help Phone: Call 1-800-668-6868 to access free support and counselling, available 24/7 in English and French.

Call 811 (Info Santé) Select Option 2. This will give you access to a psychosocial intervention professional.

Carrefour Jeunesse Emploi: Free employment and educational assistance, activities and workshops, skill building. 100 Bd Ducharme, Sainte-Thérèse.

Forum Tel-Jeunes: <https://www.teljeunes.com/espacetj/>

Quebec Suicide Prevention Hotline: 1-866-277-3553

Jeunesse J'écoute: 1-800-668-6868

Interligne: 1-888-505-1010 - Support for 2SLGBTQIA+ community and their loved ones.

ANEB (Anorexia and Bulimia Québec): 1-800-630-0907

Substance Use: Help and Referral: 1-800-265-2626

Sexual Violence Helpline: 1-888-933-9007

What to do if someone shares a private photo of you: <https://www.needhelpnow.ca/en/>

Join our discord for updates and more resources!



Arundel News

Janet Thomas

ARUNDEL SPEAKER SERIES PRESENTS AUTHOR JOHN KALBFLEISCH
Arundel Centre (Arundel United Church) 17 rue du Village
Friday, June 14, 7 pm

Have you ever thought of writing a book yourself?
On June 14, John Kalbfleisch will come to speak to his summer neighbours about his new book about George Étienne Cartier and the Rebellion of 1837. John made his career as a journalist. For many years he was a reporter, editorial writer and op-ed page editor at the Montreal Gazette, where he also wrote his Second Draft column on the city's history. He has been summering on Green Lake, near Arundel, for four decades. Come and mingle with your friends and neighbours, and support a local author.

HEADS UP! ADVANCE NOTICE OF FUTURE SPEAKERS FOR YOUR CALENDAR
July 12: David Carruthers on papermaking
August 9: Back by popular demand: Kyle Jones, alias the Ginger Squirrel, is back to guide you through late summer and fall mushrooms.

ROB LUTES IN CONCERT with ROB MACDONALD
Arundel Centre (Arundel United Church) 17 rue du Village, Arundel
Saturday, June 15: 7:30 pm
Award-winning folk-blues singer and songwriter Rob Lutes will perform his unique and beautifully crafted songs with his long-time collaborator, the wonderful resophonic guitarist, Rob MacDonald. A masterful fingerstyle guitarist with an unmistakable, soulful voice, Rob Lutes has steadily built a collection of exquisite songs that intersect folk, Americana, country, blues and the singer-songwriter genre. His 8th album, Come Around, received four 2022 Canadian Folk Music Award nominations for Album, English Songwriter, Contemporary Singer, and Producer of the Year along with a Maple Blues Award nomination for Acoustic Act of the Year. His longtime collaborator, Rob MacDonald is renowned as one of Quebec's finest guitarists. After more than two decades playing together, Lutes and MacDonald have developed an ability to blend their two sounds into something unique and intense.
Tickets \$20. Space is limited. Reservations: janet.thomas700@gmail.com

ARUNDEL CRAFT FAIR
Arundel Centre (Arundel United Church) 17 rue du Village
Saturday, June 22, 9 am – 2 pm
Count them! Thirty (30!) talented artisans will show and sell their wares. Everything from stained glass and pottery to cutting boards and birdhouses. Local farmers and agro-producers will set up across the road with farm-fresh produce, baked goods, jams and more.

STRAWBERRY LUNCH SOCIAL
Arundel Centre (Arundel United Church) 17 rue du Village
Saturday, June 29: 11:30 am – 1:30 pm
Don't miss our annual Canada Day social! Hosted village-style at picnic tables under tents, we serve a delicious platter of assorted sandwiches followed by home-made strawberry shortcake with real whipped cream – all for only \$15. Rain or shine. Cash only. For more information, please contact janet.thomas700@gmail.com



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June 2024

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450-533-0222

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MAIN STREET

News from Saint-André

The New Regional Museum of Argenteuil

Karen Feiertag

Since I introduced Saint-André by navigating readers downstream to the wilds of the Ottawa River, three out of six projects of interest I've shared have been housed in our historic churches. Make that four.

As of June 19, The Regional Museum of Argenteuil is opening its doors to the public at Christ Church, just around the corner from our small core of shops and restaurants. Those interested in the history of architecture or religion will be smitten before crossing its threshold. This humble church, the first erected in the region, holds a powerhouse of patrimonial values and is the only officially classified heritage building still in active use. That its construction was largely financed by the Society for the Propagation of the Gospel in Foreign Parts speaks to how things change in a hundred years.

To be lifted high above the village and bear witness to changes that have taken place here since the big bang, just step inside. An interactive exhibit along with museum personnel will guide your travel through time.

From here, artifacts, models and photographs will deepen your reflections. The “Grenville Rock” dates back 1.2 billion years and there are fossils from the Ordovician Period. Remarkable pearly moccasins made of leather and porcupine quills and other undated treasures precede maps of the developing seignior, then colony, then, lo, a replica of the Empress: did you know that a flotilla of steamboats brought Montrealers to Carillon to picnic, rent horse buggies or small boats and overnight at the majestic Barracks Hotel, the original site of the Regional Museum of Argenteuil? I come full circle.

Or make a superficial curve, rather, through the physical collections that, together with online projects, comprise a new era in the institution's 85-year history.

Visiting a museum offers fun for kids, stimulation for adults, a palimpsest for those in the exercise of rethinking and rewriting inherited narratives. Whoever you may be, I suggest becoming a member to keep abreast of events, and letting this site serve as your START HERE button for frequent explorations along the waterways and lovely lowlands around Saint-André this summer.

* Christ Church 163 Rte du Long Sault / Free Wednesday to Sunday 10am to 5pm



Cancer Support Group Next Cancer Support Group Meeting June 15

Join us for the next Laurentian Region Cancer Support Group meeting on June 15 at 1 pm at Chalet Bellevue in Morin Heights. Option also to attend via Zoom. Meetings are free and open to people living with cancer and their loved ones or caregivers. To reserve a place or receive the Zoom link for the June meeting, or to receive more information about this non-profit peer support group call 450-226-3641 or email cancer.laurentia@yahoo.ca.





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LA PRESSE



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Call 514-781-8035 or email llclocations@gmail.com

STRICTLY BUSINESS

By Lori Leonard - Main Street

Welcome to:

Café Depot, 105 ave. Guindon, St. Sauveur. This new spot is located in the factory outlets next door to Souvlaki Bar (near Bourassa). They opened the depot on March 15. Congrats to the owner/operator **Philippe Pierard**. They offer bubble teas, matcha latte, chai latte, speciality coffees, fresh sandwiches and delicious desserts. They also have a boutique where you can purchase coffee mugs, coffee beans, t-shirts, caps and much more. 450 227-0923 / cafedepot.ca



Did you know that:

The Municipality of Ste. Anne des Lacs is pleased to advise that they have recently acquired rights to access to Lac Loïselle in the heart of the village? The property includes a pavilion, a wooded area and 32,329 square metres of land. It will provide service as a multi-functional park and is situated besides Parc Henri Piette.



Residents will be able to swim in this lake and observe nature up-close. Access for residents will be free and a fee of \$10 will be charged to non-residents. The park will be open from June 29 to September 1 from 10:30 am to 5:30 pm. There will be a lifeguard on site and the maximum at one time will be 30 people. For more info, call Hôtel de Ville, Ste. Anne des Lacs: 450 224-2675

François Gattuso and Suzie Deschambault, owners of **La Fouine Restaurant**, 139 Watchorn, Morin Heights have reopened their doors? The restaurant was closed for several months due to damage from a fire. They have renovated and now there is a sparkling modern look to the interior. Their famous, delicious burgers will still be available along with new healthy choices added to their lunch menu. For those who enjoy breakfast, many wonderful choices are offered. Patrons will be glad to return for their morning breakfast and lunches with family and friends. We wish you much luck François and Suzanne! Open Sunday from 8 am to 3 pm and Monday through Saturday (closed Tuesdays) from 7 am to 3 pm. 450 226-8848 / Facebook: Restaurant La Fouine



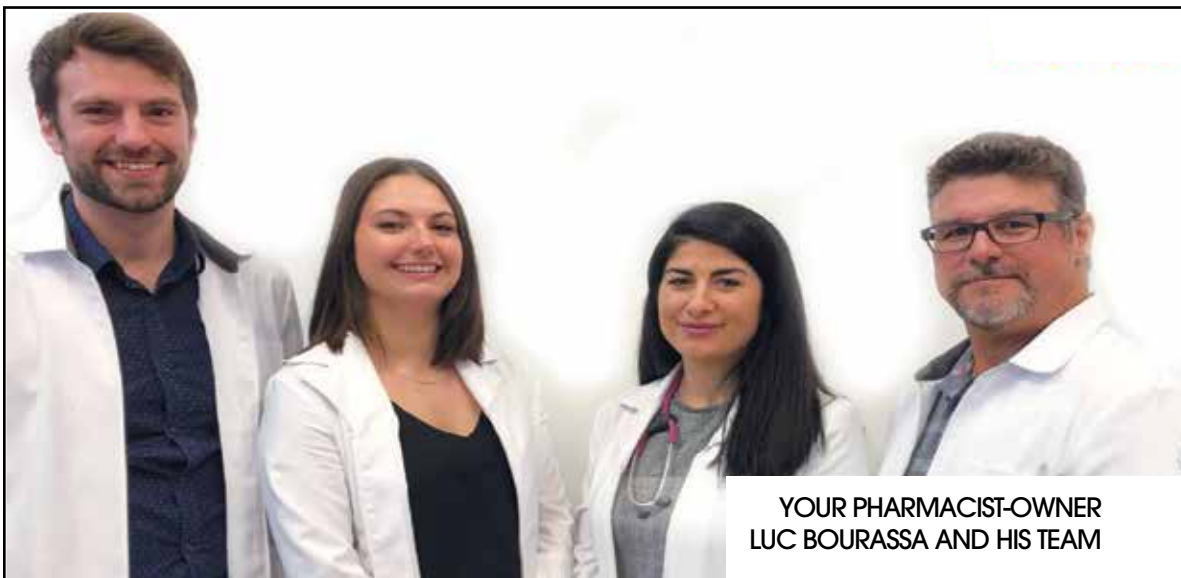
If you are looking for a really cute baby or children's gift that you can purchase one at **Lapin Lapin Creations**? Owner **Laura Perry**, a seasoned entrepreneur and fibre artist, offers the most adorable crocheted gifts for all ages. Baby gifts include sweet super soft stuffed animals such as bunnies, teddies, etc., stroller blankets and velvet beanies. Children's and teen's gifts include stuffed animals of all shapes and sizes including lobsters, elephants, irresistible bumble bees, bunnies, turtles, rays, geese, bugs and so much more!



Laura also creates custom orders of crochet bags, purses, special animals, baby blankets with matching animals. There are also gift ideas for special events or group orders for whale or bumble bee keychains, stuffed chickens and face "scrubbies".

If you are interested in learning how to crochet, Laura teaches beginner level classes in person! Laura is passionate about bringing handmade items more mainstream with her meticulous craftsmanship and attention to detail. Every item she creates is a cherished treasure. You can write to Laura to ask for a digital catalogue with photos and prices or for information on crochet classes. lapinlapincreations@gmail.com / Facebook @lapinlapincreations / Instagram @lapinlapincreations / TikTok @lauraperry222

Festival Imagine will take place once again this year on **August 4 at Dunany Country Club**? Festival Imagine is hosted by **4 Korner**s and **Jaime Bisailon** is the main organizer of this event. Jaime is also the **Neurodiversity Program Manager** at 4 Korner, responsible for **Autism and Arts in the Laurentians**. Festival Imagine is held to raise awareness about autistic youth and to celebrate their diversity and successes. Many events will take place at Festival Imagine such as art displays, kiosks, a painting workshop, a martial arts workshop, craft booths, prizes and so much more. **Carly Hay** will be the **Master of Ceremonies** for the Festival. Jaime is hoping that as many people as possible will come out to join in the fun and celebrate the successes of neurodiverse individuals. This will be a free, fun event for the entire family. If you would like more information or would like to volunteer, please contact Jaime at 450 974-3940, ext. 232 / jaime@4korners.org



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Sunday: 10 am - 5 pm

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Every Thursday starting June 20: 4 pm – 7 pm



Don't miss this year's event, which will run from July 11 to July 14. Full programme details and tickets are available on the website <https://expolachutefair.com/en/>

MAIN STREET

COMMUNITY UPCOMING events

ARUNDEL JAM SESSIONS

Arundel Legion

Next date: Thurs, June 20: 5 pm – 8:30 pm

GREAT BOOK SALE

More than 6,000 books will be on sale for the benefit of the La Samaritaine Mont-Tremblant organization. \$2 each. First come first served (no reservations). As inventory runs out, new boxes will be opened; It is therefore advantageous to come on both days to discover great literary finds. For any information, please contact the Culture, Leisure and Community Life Department at cultureetloisirs@villedemont-tremblant.qc.ca or call 819 425-8614.

Arundel Centre (Arundel United Church)

17 rue du Village, Arundel

Sat, June 15: 7:30 pm

ROB LUTES IN CONCERT with ROB MACDONALD

Award-winning folk-blues singer and songwriter Rob Lutes will perform with his long-time collaborator, the wonderful resophonic guitarist Rob MacDonald.

Tickets: \$20. To reserve, please contact janet.thomas700@gmail.com

L'ENSEMBLE VIOLETTA

Margaret Rodger Presbyterian Church (423, rue Principale, Lachute)

Sun, June 16: 2:30 pm

Inaugural concert dedicated to Jean-Sébastien Back with violas, cellos, double bass and keyboard.

Tickets: \$25 at the door, free for those under 18 years.

Info: ensembrecioletta63@gmail.com

RICKKS ROOM

June 16: 2pm

Performing artist: Lynne Hanson

Lynne is an Ottawa-based, Americana songwriter known for her high energy roots guitar driven live performances with an authenticity that's as entertaining as it is disarming. Jan Hall from Folk Roots Radio refers to Lynne as "Canada's own Queen of Americana" Our stage is ready to welcome back Lynne Hanson who has included Rickks Room on her new album release tour "Just a Poet" coming out on May 24, 2024!



RSVP: email, text, call 514-895-5785. Donation: \$25 (prepayment via e-transfer preferred to rickksroom@gmail.com or cash in person). BYOB. We will have our shared snack table, feel free to bring something to share but no obligation. If you have something to add to our food bank donation we continue to collect for our local food bank. You can drop in the container, which will be at the front door.

Upcoming performances: Leeroy Stagger (June 30), Leverage for Mountains (Aug 25), Jerry Leger (Sept 29), Rob Lutes (Oct 19).

ARUNDEL CRAFT FAIR

Arundel Centre (Arundel United Church)

17 rue du Village, Arundel

Sat, June 22: 9 am – 2 pm

Thirty talented artisans will show and sell their wares: stained glass, pottery, cutting boards and birdhouses. Local farmers will sell farm-fresh produce, baked goods, jams and more.

MUSIC IN THE ARUNDEL MARKET SQUARE

Sat: June 22 & every Saturday throughout the summer

Live music during market hours

GARDEN PARTY AT PETITE FOLIES

Main intersection in Arundel

Sun, June 30: noon – 6 pm

All the usual fun we have come to expect from Petite Folies: BBQ, pizza, music, dancing, singing, laughing and community.

UPCOMING CHURCH SERVICES

ST. SIMEON'S ANGLICAN CHURCH (445, rue Principale, Lachute)

Sunday morning services at 10 am

GRACE ANGLICAN CHURCH (7 Chemin Church, Arundel)

Sun services at 11 am – children's programming on 2nd & 4th Sundays

TRINITY ANGLICAN CHURCH

12 rue Préfontaine O., Ste-Agathe-des-Monts

Sun services at 10 am – children's programming on the 1st & 3rd Sundays

LOST RIVER PRESBYTERIAN CHURCH (5152 Lost River Road, Harrington)

Sun services: June 30 – Aug 25: 9 am



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LEGION**

**LA LÉGION
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The legions are asking the community at large to inform them of any veterans they may know of who may be living in and / or with difficulties. These could be veterans suffering from PTSD or other medical issues or who may be homeless. Please help them help others; discretion is assured.

BROWNSBURG – BRANCH #71

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Wed: 3 pm – 7 pm

Thurs: 3 pm - closing

Fri: 3 pm – 7 pm

LACHUTE – BRANCH #70

634, Lafleur (450-562-2952)

Open Thurs –

Sat: 4 pm – 9 pm

MORIN-HEIGHTS BRANCH 171

Mon, Wed and Sun: closed

Tue & Sat: 1 pm – 5 pm

Thurs: 1 pm – 6 pm

Fri: 1 pm – 8 pm

June 14 TGIF Smoked meat 6 pm.

June 22 West de Ville 8 p.m.

June 29 Canada Steak Supper

June 29: 6:pm - Canada Day Supper

For more information arundellegion@gmail.com

819-687-9143

Hall rental / Location de salle: legion171@cgocable.ca

Info: 450-226-2213

Email/Courriel legion171@cgocable.ca

Web site: <https://www.legion171.net>

Facebook: legion171

Music shows Facebook: morinheights live

ARUNDEL – BRANCH 192

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(819-687-9143)

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Mondays 1:30pm Bridge

Fri, June 28: 6 pm - Canada Day Steak

Supper \$35

Next Jam Sessions: Thursdays, June 20,

July 4 & 18: 6 pm

Bar open every day from 3 pm

For more information

arundellegion@gmail.com

819-687-9143



On With the Show

Ray in concert

Florian Gaudreau

The reason I love going to a live musical event is because the musicians who play inspire me: some for their musical prowess, some by their performance and others by their delivery. They all have one thing in common, the work that goes into

a set or song. Only now, after all these years of music, am I finally motivated to do the work. One songwriter that has inspired me with his depth of knowledge and his ability to compose his own work is Ray Sealey. Ray has dedicated his life to music - writing, composing and teaching as well as performing Classical, Folk and Jazz.

Ray took piano lessons as a child in England. When the family immigrated to Canada his parents bought him a guitar, a Roy Roger's guitar! Does that bring back memories or what? As Ray progressed on into high school, he played bass in a jazz trio. As he got older, he attended University of Western Ontario earning a B.A. in English literature. His musical studies included master classes in New York, Toronto and at the Stratford Festival studies, with Alexandre Lagoya, who was a world-renowned French classical guitarist & composer (born 1929 - died in 1999 at the age of 70).

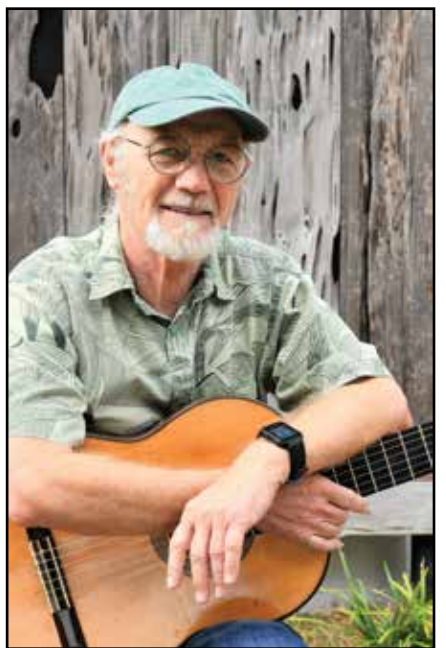
Mr. Sealey has been a busy man throughout his lifetime. During the sixties, he toured Ontario and Europe with a Canadian Folk group. In the '70's, he was one

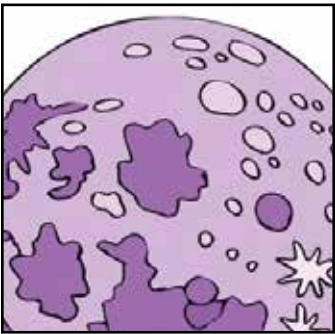
of the founding members of Tammark, a music school in London, Ontario. During that time, he published a book "Classic Guitar for Young People" (Leeds – MCA), a teaching method for children. He founded the guitar program for the Faculty of Music, University of Western Ontario, where he taught for 8 years. Ray also taught at the University of Ottawa Department of Music for 7 years. There's so much more to say about Ray's accomplishments in the world of Classical music, which include 3 albums and a CD.

Here's a great opportunity to hear Ray Sealy performing his original compositions, which is a fusion of classical guitar & folk. We have all been working hard to assure the show will be a resounding success. Other music artists will include Karen Brooks (vocals)

Lucie Bouchard (flute & vocals), Florian Gaudreau (harmonics) and Remy Sealy (percussion). The show takes place at the Arundel Arts Centre (United Church Arundel) **Saturday July 20, 2014 at 7:30 pm.** It will certainly be worth the trip.

On a different note: I would like to offer my sincere apologies to any of the readers who were offended by my closing comment about Neil 'poking someone in the eye'. As was pointed out, it's not something Neil would ever do.





Zach Factor

Unprepared: Season 1, Episode 1

Lys Chisholm & Marcus Nerenberg

History TV has shows called “Unbelievable” and “Unexplained”. Let’s try a new one called “Unprepared”. Imagine being in the wrong place at the wrong time. You look around your modern apartment or home and apart from the occasional horizontal shaking that spooks the cat, knocks around the dishes in the sink and tilts the pictures on the wall, you think oh, just another 1.5 or 2.4 quake from the nearby volcano caldera, an event that has been showing regular activity lately. You go back to your meal prep, or online chat group, or the laundry. Maybe you are at the local market when you and the grocer get tossed around as numerous cans and bottles fall off the shelves. Since September 2023, there have been thousands of small earthquakes, an ongoing concern for the 500,000 residents who live inside the very ancient volcanic caldera of Campi Flegrei, in Southwest Italy.

In the past month these swarms of quakes, one registering at 4.4, the largest in 40 years, are increasing in numbers and intensity. Homes experienced structural damage from the lateral shaking of volcanic activity, specifically those closest to the epicenter in the seaside town of Pozzuoli. With increasing quake intensity, hundreds of frightened and angry townspeople ran into the narrow streets waiting hours for direction or guidance. Their apprehension is justifiable: The Campi Flegrei caldera they live within is the massive ancient big brother to the more famous Mount Vesuvius.

For context, in summer of AD 79, folks in Pompeii were busy living their lives, marketing, cooking, cleaning... no different than today, when the ground suddenly shook violently knocking over vegetable stands and people. Beside the town, Mount Vesuvius blew up. As hot ash rained down on the population it blackened the sun throwing the area into total darkness. Lower regions of the city were quickly filled with 9 feet of ash. Those who managed to get to higher ground faced four repetitive surges of hot toxic gas pouring down the sides of the volcano at 180 kph. The entire town and its 10,000 inhabitants were buried in 19 hours. The remains of Pompeii were relegated to myth until 1748 when the archeological site was first excavated. The events of that day, preserved in stone, including bodies is a stark reminder of how volatile southern Italy’s geography remains.

On Google Earth, Campi Flegrei looks unimpressive, its multiple calderas covered in green vegetation, yet its original caldera is twice the size of the Vesuvius cone. Classified as a Super volcano, Campi Flegrei’s ancient eruptions go back to global extinction events, including that of Neanderthals, 39,000 years ago when all of Europe was severely affected. Recent smaller eruptions happened between 4,800 and 3,800 years ago and the last actual ‘small’ eruption was in 1538 and created the cone of Monte Nuovo.

Campi Flegrei has two massive magma chambers lying a mere 4.5 Kilometers under the relatively thin stone cap. The salt caldera is a tourist wonder with steaming fumaroles and hot springs. On the surface the land has been rising slowly over the last six decades. Lately, a rapid uplift prompted scientists to raise the warning level from green to yellow. Volcanologists such as Guiseppe Mastrolozenzo of the INGV (Italian Institute of Volcanology) are clear that Campi Flegrei, even with all their technology to monitor and understand changes, remains highly unpredictable. Mayors of Naples and surrounding regions who met in an emergency session this past May 24 in Rome, decided to invest millions in building new stronger seismic-resilient homes rather than in creating a master plan of evacuation. This despite theft of batteries from poorly protected seismic sensors and boats damaging other sensors in the Bay of Pozzuoli.

Roberto Scandone, an esteemed volcanologist with the University of Rome and later with the INGV, has worked for years studying Campi Flegrei, Vesuvius, and other known volcanic sites in Southern Italy. He participates in the strategic emergency preparedness committees for risk reduction and safety. Shortly before the latest swarm he was reported saying that if resources were available, he would support evacuation of the red zone of 150,000 and then the entire affected population “right now”.

The difficulty is where to place three million people including a portion of Naples. Some residents are not waiting and are independently pulling out. New housing construction has been banned in the red zone. But this does not help those mainly low-income residents of this area. They must live in fear with the specter of a dangerous giant under-foot and with leaders who are clearly... unprepared.



Photo credit: Phil Robinson <https://en.wikiversity.org/w/index.php?curid=191753>

Institute Lab: Scientists are working to understand the strong geomagnetic link of volcanic seismic events with solar storms. The latest Campi Flegrei quakes followed a powerful global atmospheric storm in early May that put Northern Lights on display as far south as Florida and Portugal. Photo credit: Marco Di Lauro



The Story Behind Ste. Agathe, A Railroad Boomtown, continued

Joseph Graham joseph@ballyhoo.ca

In 1987, we opened our real estate office in Ste. Agathe and almost immediately learned that CP Rail was planning to close the railway. We were all motivated by the surprising demolition of the old Banque Nationale building on Rue Principale, a lost landmark that left only old postcards with its image behind. There was concern CP Rail would demolish the stations.



Denise Goulet and Yolande Gaudet were very concerned about the loss of the heritage property. Denise and Yolande told me about a group of other concerned people across the Laurentians who were determined to save their stations. I looked into them and met Gleason Theberge of Prévost and Adrien Grégoire from l’Annonciation. They were setting up La Corporation des Gares to save the stations. They encouraged us to create a local committee under the umbrella of the corporation. Together with Denise and Yolande we created the Corporation des Gares, secteur Ste. Agathe. We were soon joined by others in our area, and I was named the president. I was at the beginning of a learning curve but Sheila, my partner in all things, had more experience than I had in dealing with community groups like this. She made sure from the outset that we stayed organized and kept minutes.

Our members opted for regular meetings on Friday evening and, with me as president, they were held at our real estate office. Running these meetings, I discovered how often people cannot see where they are going or how to focus on getting there. At first the meetings were held after supper. Not living in Ste. Agathe, but in nearby Ste. Lucie, that meant going home, 15 minutes’ drive, eating, and returning, then going home at the end – 45 minutes total travel, plus meetings that threatened to not end at which members questioned details like how the spelling or tenses used in the minutes of the previous meetings had to be corrected while at the same time proposing complicated strategies that would involve a horrendous amount of organization, planning and funds.

As our representative to the umbrella group, I also drove great distances to meet with the members of other local committees from other towns, spanning the train network from St. Jérôme to Mont Laurier. We had opted to meet for restaurant suppers and Gleason was always there and always funny, happy and pertinent. Even though the subject could often be discouraging and sometimes the attendance consisted of only Gleason, Adrien, me and a Quebec community worker named Claude Goulet who brought excellent organizational skills, I looked forward to the get-togethers. It also gave me the opportunity to rethink how I could improve our local committee.

Instead of after supper on Friday, we set up our Ste. Agathe meetings on a weekday and always at 5:30 PM. We made sure to serve no food, feeling that empty stomachs would keep people focused on what had to be done. I took on the habit of warmly congratulating anyone who came up with a strategy, quickly parsing it, and then suggesting that the person who proposed it should set up a sub-group of their own to make it happen. I insisted that no initiative should be critical of the municipality, but always warmly supportive of even the smallest positive action or comments on the part of the town. These steps did not dampen everyone’s enthusiasm, and people with good ideas were proud to take charge of their proposals and make them happen. We began to feel like a real group. Even so, a great deal of time passed with no news and no positive encouragements. One of the aspects that troubled me was that people whose ancestors had forfeited land either through expropriation or simple sale when the railway was created a hundred years earlier began to demand that those parcels be returned to their families. This brought my attention to the railway property itself. The Corporation des Gares agreed with the notion that the stations were an aspect of the long, linear property, but they did not want to alter their mission of saving the stations to include a mission of saving the whole railway right of way. I began looking for other people who did want to save it and even asked for a meeting with CP Rail to try to get a better understanding of why they wanted to close the line. The man at CP who accommodated this meeting, Michel de Bellefeuille, was very supportive and he introduced me to a team of analysts and engineers who helped me understand CP Rail’s problems.

As a private company they could not compete with the public road network. Governments were spending colossal sums through election promises to improve the road networks, and truckers were replacing trains, running for free on public roads. CP Rail’s revenues from rail were therefore shrinking and were inadequate to maintain the cost of the railway line. Bridges were aging, speeds had to be reduced, and generally the rail industry was losing ground to the oil and automotive sectors thanks to politically-motivated investments of our taxes in the road networks.

There was no alternative but to close it.

Our best hope was to try to set up a linear park on the model of some American ones, but that is a story for another day.

During those early years we did educational projects and held press conferences. While we were working to promote the idea of saving the station, we began to encourage other heritage projects in Ste. Agathe. All this work proved to be good for business, something that we had not foreseen but of course should have. The big accomplishments were to come but our next objective was to get into the building, as nominal tenants if necessary. We never imagined that one day, there would be the need for that third station.

...to be continued



Garden Talk

Tea time in the herb garden

June Angus - Main Street

Many different herbs make wonderful teas or tea blends, so armed with a little information it's easy to grow your own tea garden alongside other culinary herbs.

Most herbs grown for tea thrive in well-drained soil enriched with organic matter. While some herbs (such as many in the mint family) can grow in more challenging conditions, others need careful cultivation to get them started and to maintain ample foliage for an ongoing harvest.

Mint: Peppermint and spearmint are among the most popular varieties to grow, and both make delicious tea when fresh leaves are picked and brewed into a delectable infusion. Both are perennials in Zones 3 to 5. They produce seeds that can be sown in pots or in the ground. Once they take hold in the garden, they're easy to propagate by taking cuttings and transplanting (once roots are well established). Mint needs humid soil and only moderate sunshine. Leaves can be dried and stored for use when fresh leaves are not available.

Chocolate mint: Tea brewed from this plant tastes minty, but it has a soft sweet undertone. While sipping this infusion, I couldn't taste chocolate but there was definitely a hint of cocoa in the aroma. The chocolate mint plant is a hybrid cultivar that results from ordinary peppermint being crossed with orange mint. The plant is sterile so produces no seeds. It must be grown from cuttings. It will grow as a perennial in Zones 5-9, but will only thrive as an annual in colder climates. Fortunately, specimens are available at many garden centres. If you take cuttings in the fall to grow indoors over the winter, new plants will be ready to transplant outdoors come spring. While this plant will spread as far as it is allowed, it's not as hard to contain as its peppermint and spearmint cousins, which can easily take over a garden plot.

Lemon balm: Another member of the mint family, this herb has strong lemon-scented leaves that make a soothing evening tea. Best to crush the leaves up a bit to release the flavour before brewing. Lemon balm is listed for grow Zones 4 and 5, but it's a less hardy perennial than peppermint or spearmint. A rooted cutting will overwinter indoors. If starting from seed, best to get growing indoors before transplanting outside.

Lemon Verbena: Good drainage and warm weather are the keys to growing lemon verbena. In our climate, it grows as an annual and will do well in a container that can be carried indoors if temperatures get too chilly anytime during the growing season. Lemon verbena leaves, either fresh or dried, offer a sweet lemon flavour that makes a refreshing tea. The leaves also combine well with various types of mint to create great tisane blends.

Bee Balm: Also a member of the mint family, this plant can be grown from seed started indoors or directly sown in the ground. It produces leaves and colourful flowers that can be used to make a flavourful tea that tastes citrusy with a dash of spice. Unlike most other mints, this plant prefers full sun.

Chamomile: Long known as the base for a calming tea, perennial common chamomile (Zones 5-9) and annual German chamomile are easy to grow by direct sowing in the ground come spring. Both produce aromatic flowers that can be used either fresh or dried to make a tea that has an earthy flavour with a hint of sweetness. These plants are ideal in herb gardens, veg plots, borders and wildflower areas. They also do well in containers.

While most of the herbs described here are relatives in the vast mint family, many other options exist. Everything from rosehips and lavender to coriander seeds and even rosemary can be grown for tea or tea blends. Once you get started you can easily expand your repertoire.

Happy planting and infusing!



Word Play

Framing friendship

Louise Bloom - louisebloom@me.com

I have most recently understood that the crisis moments in our lives, feelings of alienation, separation and loss, to name a few, bring to the fore the kinds of reflection that stimulate life changes. In my own case, the advent of an illness of the heart, threw me into a kind of mental and emotional housecleaning that called for a strict inventory review as to what is most important going forward.

A focus on my friend-world, asking who was most important and what defined the nature of my special human connections, led me down a rabbit hole. Thus, I began exploring the grace of having long-standing friends, even those very close ones who have departed.

This stark and conscious review of these important connections has left me with questions. What is a friendship, its impact, its importance, its value? In this moment, I realized that I have often taken for granted the valuable aspects of these relationships. This led me to ask specifically why these most precious attachments had developed and what is it that sustained the loyalty over the years.

A traditional definition of friendship reads as follows:

"Friendship is a special relationship between two or more people who care about each other and enjoy spending time together. It is a bond built on trust, mutual respect, and support."

I first asked myself what it is that sparks these special relationships, this continued pleasure of another's company? I would say that it is an energetic attraction that ignites the impetus to strike up an acquaintance, to follow a scent or a track that draws us towards a person.

At the outset, it can be a shared interest that finds you and that person (persons) in the same place, the same classroom, the same concert, the same workspace. A bond might often begin with random circumstances that then lead to a sharing of a deeper strata of feeling. But, for myself, the realm of feeling seems to host the primary ingredients out of which a deep friendship grows. From the baseline of trust, I am always able to share my deepest secrets, my pure heart. With a good friend, the heart can speak.

The foundation of trust, the reliance on a kind of unconditional presence, builds over time. The sharing of one's heartfelt murmurings may occur as the result of this other person's offering a confidence, and this level of sharing opens the door of intimate exchange. This is important to me. This is a crossroads, when the road chosen creates a bond that allows for a deeper sharing of truths. Friends are the people we have chosen. They are relationships that are free of the sense of obligation that sometimes comes with family and work colleagues.

I see now that my very best friends provide a space that is free of judgement, where I can exist and express myself without fear of reprisal, where I can always find support. And I wish to provide the same opportunity for a friend, so they are able to rely on intense listening and a loving kindness that is particular to their being.

I have come to understand that when life presents us with big challenges, when grief and loss visit, when deep wounds re-emerge, your good friend is invaluable. I discovered that when I am most vulnerable, I am greeted with an open heart, the comfort of real presence, or even a strong admonishment that allows me to see my error, to correct my ways. To have earned this support by being a good friend in return, has unparalleled rewards.

And what of the close ones now departed? It is my experience that those who are absent still speak. Close friendships of long ago can offer an imagined voice that often supplies me with the answer that is needed. May such precious and uncommon friendship be yours to cherish and keep.

Louise Bloom is a Visual Artist interested in the power of narrative through image or written word, to transform consciousness and awaken us to the source of well-being.



Public Meeting

Major repair work on the Sainte-Agathe church

Sainte-Agathe Parish will hold a public meeting on Wednesday, June 19, 2024, at 7 pm, at the Sainte-Agathe Church located at 37, rue Principale Est, in Sainte- Agathe-des-Monts.

The public meeting aims to inform the citizen population about the major repairs to be carried out on the exterior of the Sainte-Agathe church. We will have the privilege to welcome Mr. Keven Blondin, commissioned architect from the NBL Architectes firm.

This public meeting concerns only the built heritage of this building and not the future of the religious activities that takes place there. Please confirm your presence, or that of a delegated person to Father Steven St-Amour, parish priest of Sainte-Agathe Parish at 819-326-3644, poste 2 / steven-st-amour@hotmail.com



Holy Trinity Church

Lori Leonard

The closing service for Holy Trinity Church, 4 Cambria, Lakefield was held on May 26 at 3 pm. This service celebrated 200 years of service to the Lakefield/Gore community. Hard to believe so many years! This very special service was led by Reverend Mary Irwin-Gibson, Bishop of the Anglican Diocese of Montreal. The church will now serve as a community cultural center to Gore, which will be owned and operated by the Municipality of Gore for cultural events and multi-denominational celebrations.



Photo credit: Louise Johnston



On April 16, Caisse Desjardins de la Vallée des Pays-d'en-Haut held its annual general meeting online. It was an opportunity to announce the past year's financial results to members. Members then had 4 days to vote on dividends.

There were 4 seats to fill out of 12 on the caisse's board of directors. 7 validated applications were received. Following the end of the deferred voting exercise for the election of directors, here are the four directors elected for a 3-year term:



Linda Racicot
(re-elected)



Céline Blanchette
(re-elected)



Antoine Dussault
(elected | was
Young Intern
Director)



Sébastien Taché
(elected)

The dividend plan was approved and \$2.02 million will be returned to caisse members and the community in the form of individual and collective dividends.

More specifically, an amount of \$1,76 million will be paid to members in the form of individual dividends and \$260,114 will be added to the Community Development Fund (CDF). «This amount is a form of giving back to the community that allows us to concretely experience the presence of Desjardins and its cooperative nature.

I would like to thank our members who, by doing business with us, enable us to contribute to enriching the lives of people and of our community», mentions Ms. Monique Éthier, board chair of Caisse Desjardins de la Vallée des Pays-d'en-Haut.

2023 Highlights

Caisse Desjardins de la Vallée des Pays-d'en-Haut, is:



Visit desjardins.com/caissevalleepaysdenhaut to see our 2023 annual report.



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Laurentian Personality

Tanis Saucier, photographer with a passion

Lori Leonard – Main Street

Tanis Saucier was born and raised in Cornwall, Ontario and moved to Montreal in 1993 to follow the Contemporary Dance Program at Concordia University. She graduated in 1997. She fell in love with Montreal city life, making it her home, living the “Life of Fame” and enjoyed every second.

Tanis’ first teaching job was at Weston Elementary School, NDG, where she taught a mixed class of kindergarten to grade 2 students for a year, then taught kindergarten at Kells Academy for another year until the birth of her first born in 2008. Her son was such a good sleeper that while he slept, she decided to dabble in photography.

Tanis’ husband Guillaume grew up in Lachute. Tanis and Guillaume dreamt of moving to the Laurentians for its tranquility and nature and moved to Gore in 2019. Tanis says “it has become more than our home; it has provided us with a wonderful community.”

Tanis is a self-taught photographer. She photographed anything and everything and quickly realized she loved interaction with people and focused on portraits.

Once Tanis became a mom the second time, she knew that newborns were her passion. She adores having newly-formed families share their joy with her. Having been through two births herself, Tanis relates to new parents and chats throughout the session about “all things baby”! Tanis is the youngest of 7 daughters so she only has a few baby photos, her earliest photo at 3 years old. Tanis’ heart is warmed by knowing her newborn portraits hang in many family homes.

Tanis created the perfect space in her studio to welcome babies and their families. She says it’s important to keep a warm temperature in the studio, to maintain control of her studio lighting, her special props and have adorable baby accessories at hand. She also travels to client’s homes for more of a lifestyle session.

The majority of Tanis’ sessions are a mix of babies, families and business portraits. While Tanis adores weddings and parties, they are stressful! Tanis can easily reschedule a studio session for a fussy baby, but can’t reshoot cutting of a wedding cake or a walk down the aisle!

Tanis’ Outdoor Family Portrait Sessions are announced in late May and late August. Families can frolic in John H. Molson Park or other nearby location.

Tanis has always loved pouring over precious family moments in photo albums. She encourages everyone to print his/her memories. Computer hard drives can fail, files can get corrupted, but a print stays with you forever.

Tanis says, “It’s important to continually challenge oneself.” She has photographed everything from socks to babies to a Cessna airplane! Saying “Yes!” to new opportunities is integral to growth as an artist and as a business person.

Her clients often think they are not photogenic. Tanis quickly puts them at ease by providing wardrobe suggestions and pep talks. She chats with them about their photo goals and walks them through every step. She glances at the camera periodically to ensure that they are achieving just the right look. Tanis genuinely believes that everyone is photogenic!

Tanis also loves photographing nature... especially misty lakes, mossy rocks and macro close-ups of flowers and insects.

When Tanis isn’t working, she enjoys toiling in her vegetable garden, hiking or relaxing lakeside. Tanis and Guillaume try to encourage their children to join in these activities too, but for now their teens Oscar and Rowan prefer technology and their friends.

Tanis has enjoyed sharing her passion by providing photography workshops to elementary and high school students and youth from Autism and Arts in the Laurentians.

Tanis has a truly unique and special gift of capturing the essence of each and every person she photographs and her “one-of-a-kind baby” photos are exceptional.

Tanis’ studio is located at 28 de la Gare, Ste. 102, Saint Sauveur. She can be reached at 514 935-7266 or at tanissaucier.com



Making it Work in the Laurentians

How to develop a growth network as an artist

Maya Khamala

“Don’t take ‘no’ for an answer... When it comes to your career, ‘no’ does not mean ‘no,’ it means find another way.”

Kenny Schachter, a prominent critic, curator, and artist shared these words in his capacity as guest speaker at a Yale course, popular with business and art students alike: “Entrepreneurship in the Art Market.”

The students all agreed that having opportunities to mingle was surprisingly fruitful. After all, every open door begins with an interaction. Finding “another way” is all about networking.

In the always evolving art industry, cultivating a network of potential colleagues and collaborators is integral to staying updated on trends, remaining at the forefront of your field and contributing to a more supportive arts environment overall.

Follow these practical tips for nurturing your networks:

Embrace online communities. Actively participating in online communities (Instagram, LinkedIn) is a great way to network with other artists, entrepreneurs, and industry pros. Think partnerships, collaborations, insights and increased visibility.

Join an arts & culture coalition. Consider joining, or creating, an arts and culture coalition that advocates for better arts support - pooling voices makes them louder. These groups can also boost your access to funding opportunities and increase your reach.

Attend relevant events. Attending conferences, festivals and workshops can be extremely beneficial for the network-minded. Think increased exposure, juicy insights and market updates. Pro-tip: YES offers workshops with seasoned professionals as well as an annual Artist Conference.

Share resources. Sharing resources with others encourages them to share their resources with you (contacts, tools, vendors, industry secrets). Sharing without expecting anything in return is the stuff of long-term relationships, the kind that can open future possibilities.

Share your work. There are countless ways to share your work. Even if you’re not selling online, you can market 100% online via social media platforms. What better way to capture the attention of clients, partners and media?

Promote others’ work. Promoting others’ work strengthens the arts community, diversifies perspectives, contributes to dialogue and boosts your reputation. Cross-promo is also a fantastic way to signal your interest in new collaborations.

Get involved, locally. Local orgs can offer extra-relevant platforms where you might promo your art or even showcase it at exhibitions or performances. Ideas: volunteer at community fundraisers; attend diverse events; make introductions.

Build relationships with professional organizations. Joining a professional organization like YES can help you meet people with similar interests and connect you with leaders in your field, while also offering invaluable resources, insights and opportunities.

Collaborate with arts and culture organizations. Whether it’s sponsoring an event, creating a partnership via socials, or co-creating content, strong collaborations make the world go round. Just be sure your collaborations align with your goals before jumping in.

In the world of arts and culture, networking is a continual process of interweaving relationships. At YES, we have some industry secrets of our own that we can share with you, so email us at info@yesmontreal.ca to make an appointment with an arts coach today!



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July 7 - TAPESTRY : POSTCARDS FROM FRANCE

July 14 - PHAETON PIANO TRIO : CHAMBER MUSIC

July 21 - ANNABELLE RENZO : HARP

July 28 - STICK&BOW : MARIMBA & CELLO

August 4 - PALLADE MUSICA : FRENCH BAROQUE MUSIC

August 11 - KUDRIAKOVA-SHATALKIN PIANO DUO

August 18 - GIRI KEDATON : BALINESE MUSIC & DANCE





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June 2024

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16:30

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17:15

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18:30

Canada Day's birthday cake

19:00

Live music by Brian Tyler & The Bluestorm
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21:00

Live music by The Box

22:30

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End of celebrations

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Canada



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Obituaries

NORMAN GRAHAM

Norman Graham passed away peacefully on April 29 at the Lachute Residence at 92 years of age. Beloved husband of Diane, father of Barrie (Helen), Jim (Rolinda), grandfather of Gordon, Chris, Brian, Adam, Julianna, Meredith, great grandfather of Aiden, Colby, Liam, Finnigan and Aislyn, brother of Joyce, Clark, Earl, Beverley and Margaret, and uncle to many nieces and nephews.

Norman always had a good story to tell. He will be missed by many. A memorial service will be held at the Arundel United Church on Saturday, July 13, at 1 pm. In lieu of flowers, donations may be made to the Arundel United Church or to La Residence Lachute.



CELEBRATION OF LIFE

A Celebration of Life for Marie (Mary) Anna Phoebe (Stewart) Kyle will be held at Holy Trinity Church, 4, Cambria Road, Lakefield (Gore), Quebec on Saturday, July 13, 2024 at 11 am.

During the Service, there will be a time to share favorite memories. A reception in the Community Hall will follow.

For information, please call Jim 514-347-1788 or 450-432-9055.



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The Other Side Of
Getting Old

Someone once told me

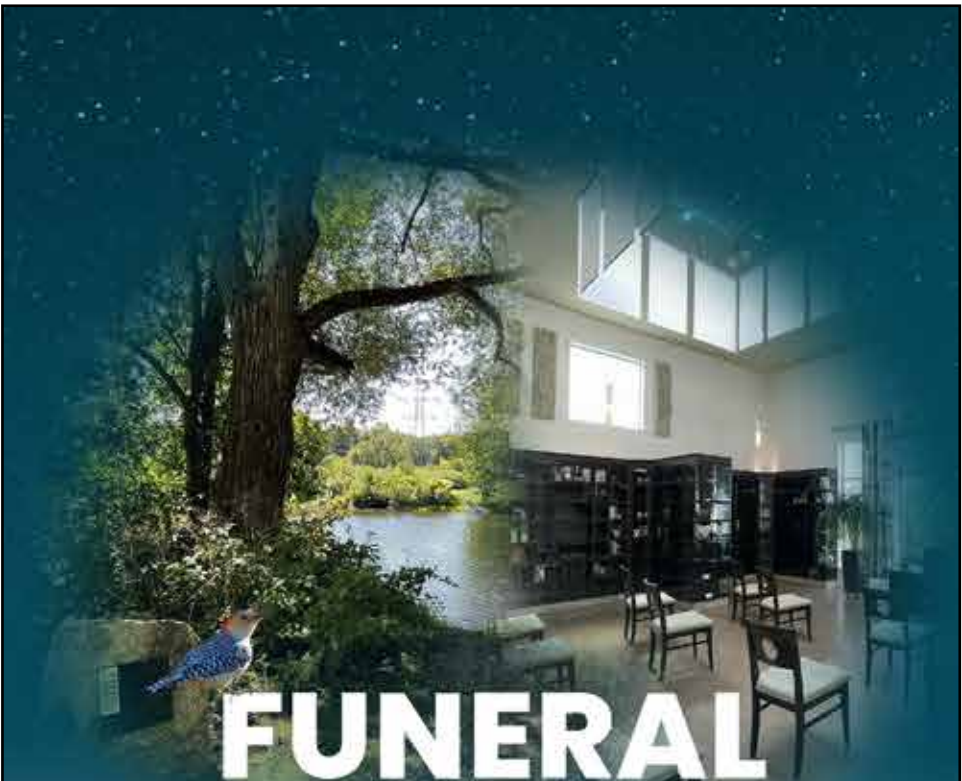
Florian Gaudreau

Someone told me the other day if you're over sixty and you don't hurt, then your dead! It's hard to argue with that, I don't have to hit my thumb with a hammer to feel the pain anymore, it comes with the weather. Like the weather, it depends on the day. It's never what's in the forecast; it creeps into my bones like rigor mortis, a preview of what's to come. I'm not one to complain, but since I have a captive audience, I figured I'd whined for a bit. The truth is I have very little to complain about, compared to most.


In my head, I'm a twenty-year-old in the 70's, but the reality is I'm a 70-year-old in the twenties. I credit my warp perspective to "Rock & Roll" the music that really does "stir my soul", so I hate being called old. I consider my self as "nicely aged". Like a fine wine, I'm a little fruity at times - light-hearted, but a bit much first thing in the morning. I'm at an age where I'm proud of the stupid stuff I've done; it almost feels like an accomplishment. Lord only knows how I managed to stay alive all these years, it's like I'm a living miracle!

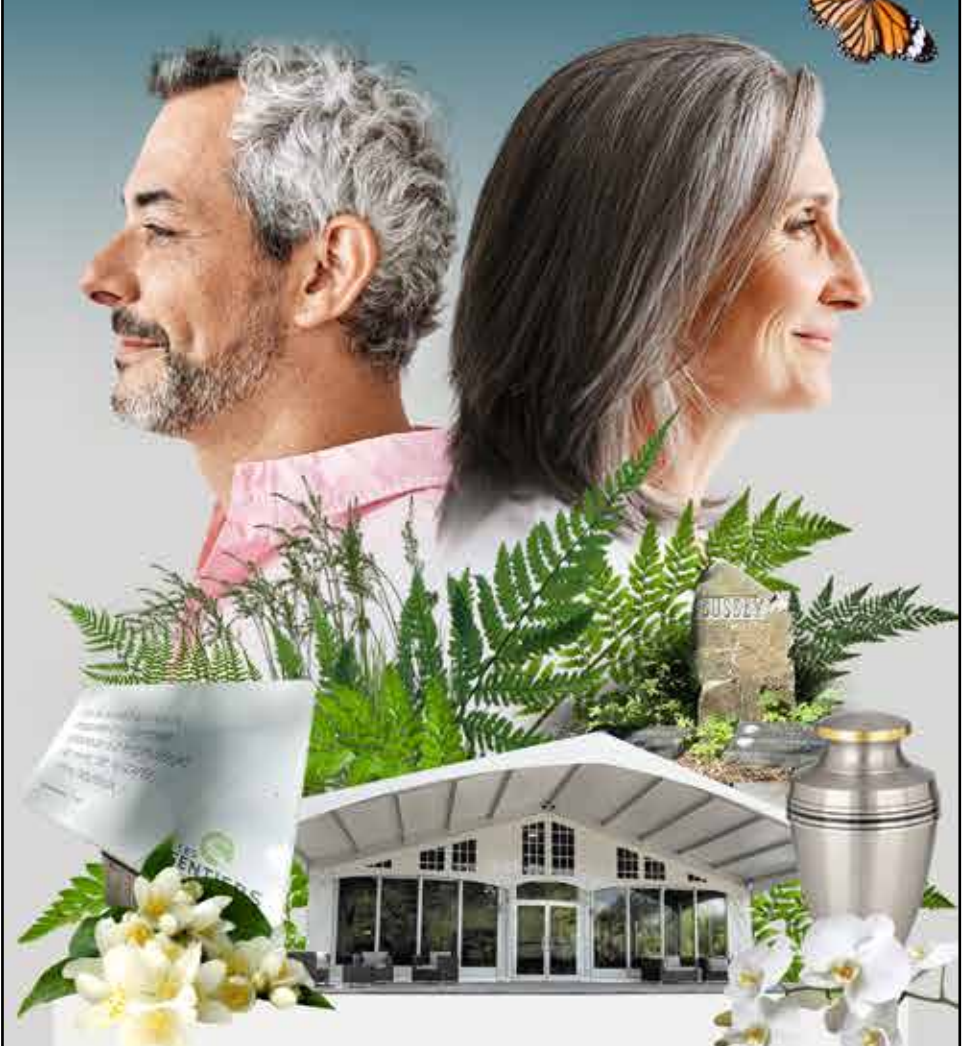
Getting old is as good as it gets, the down hill slide can have it's up side as well, like napping in the afternoon, winding up the grand kids then driving home as slow as I can, getting a seat on a bus, not to mention all the senior's discounts. I should have dyed my hair white years ago. It's nice after all these years to be nothing more, than being well aged, a cherished relic from the past. It's great to appreciate what I have and I hold on to the present. So, for now I embrace the blackflies and look forward to the mosquitoes keeping me awake at night.





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June 2024

MAIN STREET 

25th Edition of the Route des Arts of the Lower Laurentians

Open studios from July 13 to 21, 2024

25 years, let's celebrate together and, together, we say a huge THANK YOU to our outgoing president, Jacqueline Chartrand Cauden!

For 25 years, the Route des Arts has offered a unique opportunity to admire, up close, the artistic richness of the beautiful Southwest region of the Lower Laurentians. To do this, 27 artists and artisans invite you into the intimacy of their studios to share their passion, their works, and their techniques. Take the Route des Arts to discover these artists and appreciate the talent and creativity that drive them.



Anyone who has followed the activities of the Route des Arts over the years is surely familiar with the name Jacqueline Chartrand Cauden, who, since 2003, has been a member and a worthy representative of the Route des Arts. An experienced artist who has received several awards, many have been able to appreciate her talents for painting, watercolour, charcoal and pastel.

Mrs. Chartrand Cauden became involved in the board of directors quickly and it was in 2013 that she first assumed the presidency of the Route des Arts. Her presence on the board has made her wear many hats: sometimes as president or vice-president and sometimes as treasurer or administrator. She has developed such a great knowledge of the many aspects of the Route des Arts that, much to her chagrin, her departure from the board has often been postponed.

Irreplaceable Jacqueline... we recognize your unwavering energy, your rigor and your positivity, which have been extraordinary assets. Thanks to your hard work, your leadership and your ability to surround yourself with the right people, the Route des Arts has been able to overcome numerous challenges and flourish and improve each year.

Since last October, Mr. Stéphane Circé has held the presidency. Coming from the world of Montreal cinema sets, it was only in 2023 that Stéphane Circé joined the ranks of the Route des Arts by opening his impressive studio to the public during the Summer Circuit. Seduced by his experience and by the dynamism of the organization, he approaches his new role with all the intensity and verve that characterize him. In addition to committing to promote visual arts and crafts in all their forms, this multidisciplinary artist also offers an attractive showcase for his own sculptural and pictorial production.

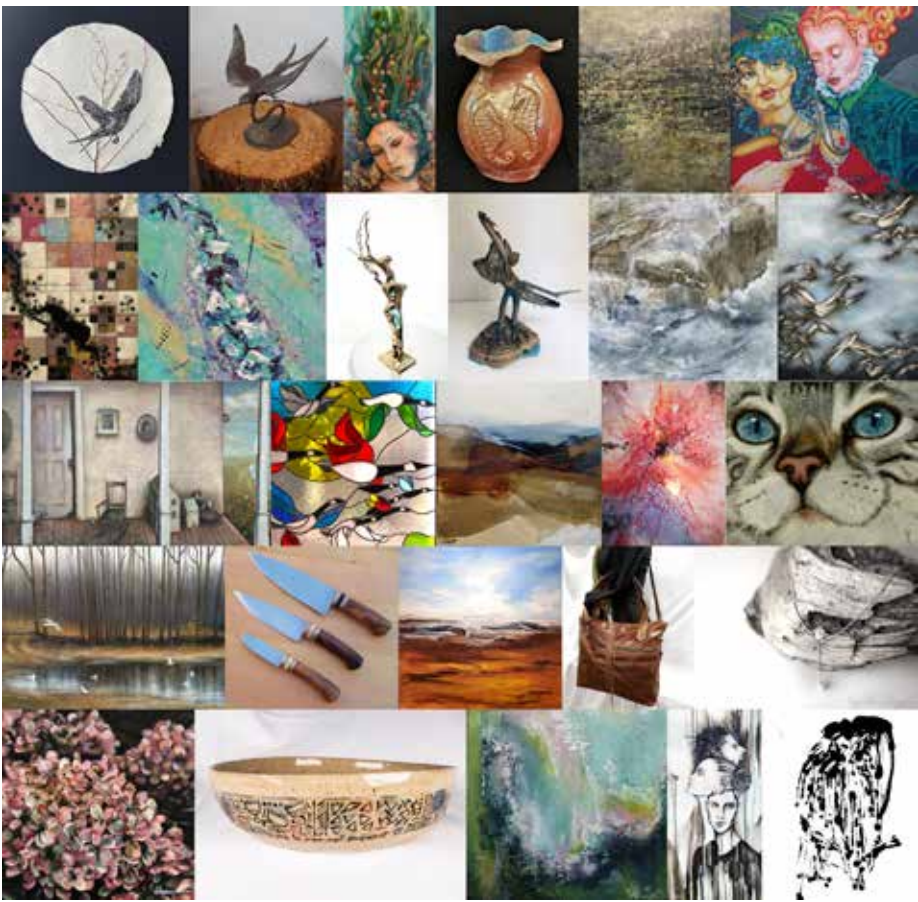
Long live the Route des Arts and once again, thank you Mrs. Chartrand Cauden for your immense contribution! We wish you all the best for the future. The Route des Arts will always be open to you!

A Chair for Generations

On May 29, the Mont-Tremblant City Council proudly welcomed the Chair of the Generations, a collective work decorated and donated by students from l'école L'Odyssée. This initiative aims to raise awareness among elected officials of the impact of their decisions on the future of future generations. The Generations Chair represents and carries the voice of children to leaders in order to remind people of the responsibility of municipalities to respond to environmental issues.

Created collectively by students ranging from kindergarten to grade 6, this chair is decorated with hockey sticks, which represent an active and healthy community, surrounded by a curtain of banners on which small cardboard circles are hung. On each circle is a hand-drawn image illustrating their wishes and aspirations for a better future, addressing different themes such as the preservation of biodiversity, air and water quality, sustainable active transport, etc. .

This chair is on display in the town hall and will take a symbolic place in the council room, where it will be present at each session, thus reminding us of the importance of the voices and dreams of youth in political decisions.



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JULY 13 TO 21

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Exhibitions at Centre D'Art d'Argenteuil

We Are Animals - Artist: Stéphane Circé
Opening reception on June 15: 1 pm - 4 pm

Stéphane Circé presents a new series of works entitled "We are animals". This exhibition aims to raise public awareness of the destructive impacts of industrialization on nature. Through an artistic fusion of wildlife, flora and human intervention, Circé highlights the intrinsic beauty of nature while highlighting the wounds caused by human activity. His creations reflect the complexity of the interaction between man and nature, recalling the importance of harmonious and sustainable coexistence.

Description of the installation: The Circé installation is a combination of sculptures and paintings depicting animals and natural landscapes marked by the imprints of industrialization.

When My Spots And My Colors Speak To You- Artist: Suzanne Saindon
Opening reception on June 15: 1 pm - 4 pm

Suzanne Saindon, explores the personal quest for freedom and authenticity. Painting is for Saindon an intimate act, an expression of her emotions, her joys and her sorrows. She considers painting to be a form of personal therapy, a means of liberation and nourishment.

Description of the installation: Saindon's installation is composed of vibrant and expressive paintings, where colors and shapes tell personal and universal stories. Saindon's work is an invitation to embrace art without judgment, for the simple pleasure of contemplation and shared emotion.

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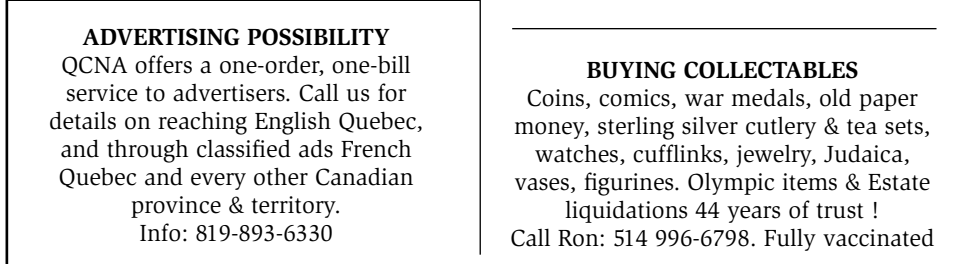
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For example, **Comedy Nights** will be featured in both English and French. French comedian **Joe Guérin** and invited guests will be featured on June 18, July 16 and August 13. English comedian **Rachelle Elie** will have shows on July 2, July 30 and August 27. Doors open at 7 pm, shows start at 8 pm. Tickets are \$25. Available at www.lepointdevent.com First come, first serve!

A **Curiosities Market** will be held every **Thursday from 4 pm to 7 pm**. The market will feature local artisans, local produce, local music and much more to discover. If you would like to participate, the fee is \$20 per table. There will also be square dancing and salsa dancing classes alternating each Thursday evening from 7 pm to 8 pm. So, bring along your smile and your dancing shoes! For more info, write info@fermekerr.com

Kerr farm is available to rent for weddings, parties, reunions and other special celebrations. The farm can be rented for a weekend so your family or friends can spend quality time together. There are 8 beautifully refurbished bedrooms and a rustic dining room that fits 60 people. There is also a beautifully renovated 100+ years-old red barn, with rustic tables and benches, a unique bar and special stage to host live music.

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Saint-Sauveur Welcomes Back the Festival des Arts de Saint-Sauveur

Mark your calendars for July 24 – August 4

Susan MacDonald, Editor

The Festival des Arts de Saint-Sauveur (FASS) is a celebration of arts and culture nestled in the picturesque town of Saint-Sauveur, Quebec, Canada. Its history intertwines with the rich cultural tapestry of the region, tracing its roots back to the early 1990s.

In 1992, a group of visionary artists, performers and community leaders came together with the ambition of fostering a vibrant cultural scene in Saint-Sauveur. They envisioned an event that would showcase a diverse array of artistic disciplines, from dance and music to theatre and visual arts. Originally founded as the Festival des Arts Hiawatha by Montreal businessman Lou Gordon, the Festival was renamed in 1997, thus, the Festival des Arts de Saint-Sauveur was born.

The inaugural edition of FASS in 1992 laid the groundwork for what would become an enduring tradition. The festival quickly gained momentum, drawing artists and audiences from across Quebec and beyond. Over the years, FASS evolved into a premier cultural event, renowned for its world-class performances and innovative programming.

Throughout its history, FASS has adapted to the changing landscape of the arts while staying true to its core mission of promoting creativity and artistic excellence. It has welcomed a wide spectrum of performers, ranging from emerging talents to established luminaries, showcasing the breadth and depth of artistic expression.

The festival’s venues have expanded over time, encompassing the Big Top, outdoor stages and unconventional performance spaces. This diverse array of settings adds to the unique charm and allure of FASS, providing audiences with unforgettable experiences that resonate long after the final curtain falls.

FASS has also played a pivotal role in nurturing the next generation of artists through educational initiatives, workshops and mentorship programs. By engaging with local schools and community organizations, the festival has fostered a deep appreciation for the arts among people of all ages, ensuring its legacy continues to thrive for years to come.

As FASS embarks on each new edition, it remains a beacon of creativity, innovation and cultural enrichment, embodying the spirit of Saint-Sauveur and leaving an indelible mark on the cultural landscape of Quebec and beyond. FASS is now the largest dance presenter in the country outside of urban settings, both in terms of the number of large-scale shows it presents and the size of its attendance.

For full programme details or for reservations visit <https://festivaldesarts.ca/en/>



The Potager des petits semeurs wins a prize

As part of the summit “Together for a society of all ages” organized by Intergénérations Québec, the Potager des petits semeurs project (Vegetable Garden of the Little Sowers project) , supported by the City of Saint-Sauveur in close collaboration with the Society of Horticulture and Ecology Tournenvert, won an honorary prize last Friday for its contribution to strengthening links between generations.

Since 2015, the Potager des petits semeurs has brought together volunteer seniors and more than 180 young people to plant and maintain a vegetable garden together in an eco-responsible way. From seed to fruit, elders and young people build bonds that last well into the future. beyond summer.

The Potager des petits semeurs is a real public space for meeting, for connection to nature and learning, since it also mobilizes the community through educational workshops, cooking and the harvest festival. The surplus harvest is then given to an organization working for food security.

“I am very proud that the Potager des petits someurs wins this distinction, first of all because it highlights the work carried out by the Service des loisirs , but above all because it highlights the importance of provoking meetings between generations. I sincerely hope that the Potager des petits someurs will be an inspiration for other municipalities, because they are the links between its inhabitants, which make up the quality of life of an area”, declares the mayor, Mr. Jacques Gariépy.

Thank you to our partner, the Tournenvert Horticulture and Ecology Society for its collaboration in this project.



L-R: Micheline Richer, from the Tournenvert Horticulture and Ecology Society and Eve Pichette-Dufresne, director of the City's Recreation, Culture and Community Life Department, were present at the Summit to receive the honorary prize awarded to the Potager des petits semeurs project.



The children from the day camp visit the Potager des petits semeurs garden

• H A P P Y •

Father's Day

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